

R.I.C.H. through Health, Wealth, & Purpose

damon  
givehand

*“Damon, you have really lit me on fire to take charge of my life—seriously! Don’t think I’ll ever be able to repay you, so I’ll pay it forward instead. Thank you so much!!!”*

Tim – Long Beach, CA

## — Signature Presentations —

**The 12 Radical Intentions:** Twelve Powerful Habits for Living a R.I.C.H. Life

**Radically Intent on Cultivating a Happy & Thriving Business:** Empower Your Organization from the Inside Out

**Raise Your BAR to Exceed Outstanding:** 3 Keys 4 Factors and 1 Challenge to Elevate Your Life

**Becoming Unstoppable:** 21 Success Principles to Unleash Your Inner Giant

**Health, Wealth, Purpose:** Intentional Living Towards Intentional Happiness

**Power Playbook:** The Student Athlete’s Guide to Ultimate Success



### Recent Audiences...

- ▶ South Carolina Association for Developmental Education, Greenville, SC
- ▶ Faculty and Teaching Assistants at Auburn University, Auburn, AL
- ▶ Undergraduate Students in the College of Business at Fordham University, NY, NY
- ▶ Middlesex County College Faculty & Administrators, Edison, NJ

**book damon today!**

[damon@damongivehand.com](mailto:damon@damongivehand.com)

**904-304-4577**

[www.damongivehand.com](http://www.damongivehand.com)

# Damon Givehand, M.S.Ed

Health Mindset Coach | Motivational Speaker | Happiness Catalyst

Damon has presented to audiences across the U.S. He speaks with high school students & young adults who know, deep down, that they are meant to be great and are looking for the right ideas that will unlock the giant within. The essence of Damon's content revolves around his R.I.C.H. philosophy, the science of success, and why/how to develop the mindset necessary for an incredible life by way of radiant health, abundant wealth, & living in step with your purpose.



*Are you ready to become R.I.C.H.?  
Join us for The 12 Radical Intentions for a  
R.I.C.H. Life Program. A year-long journey to  
discover strategies for sustained happiness.  
<http://bit.ly/radical-intentions>*

**book damon today!**

damon@damongivehand.com

**904-304-4577**

*Radically Intent on Cultivating Happiness*



@damongivehand



@damongivehand



@damongivehand

[www.damongivehand.com](http://www.damongivehand.com)

